



WARREN COUNTY COMBINED HEALTH DISTRICT

Prevent-Promote-Protect



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NEWS & INFORMATION

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Health Commissioner

www.wcchd.com

Heads up, Phones Down—Back to School Safety

Unused Medications?

Don't Trash Them...Don't Flush Them

Dispose of Unused Drugs at Prescription Drug Drop Boxes

Dispose of unneeded, expired or unwanted medications at these permanent locations:

Warren County Sheriff's Office Jail Lobby

550 Justice Drive Lebanon

Maineville Police Department Squad Room

8188 S. St. Rt. 48 Maineville

Franklin Police Department

400 Anderson Street Franklin

As our children march out the door on that first day of school – and every day – we want to make sure they get home safely.

Back in 1995, children ages 5 to 9 were more at risk than any other age group under 19 for being struck by a vehicle while walking. The good

news is, the death rate for kids of all ages in this category declined more than 50 percent in the last 20 years. But there is much more work to be done.

According to a study by Safe-Kids.org, 61 children are hit by cars every day in the United States, most often during the hours before and after school, and peaking in September. And, there has been a noticeable demograph-

ic shift. It is now much more likely a teenager will be hit by a car than his younger counterpart.

Of the 484 pedestrians ages 19 and younger who died after being hit by a motor vehicle in 2013, 47 percent were age 15 to 19, according to *Injury Facts 2015*. We also know that 16,000 pedestrians 19 and younger were injured in 2013. That's 44 per day.

The injury and death rates for teens has leveled off over the years, but it has not improved significantly. With this knowledge, the National Safety Council is focused on efforts to eliminate distracted walking – specifically walking while texting. According to a study by The



Nielsen Company, kids age 13 to 17 send more than 3,400 texts a month. That's seven messages every hour they are awake.

Before your children head out, remind them of these year-round safety tips:

—Never walk while texting or talking on the phone.

—If texting, move out of the way of others and stop on the sidewalk.

—Never cross the street while using an electronic device.

—Do not walk with headphones on.

—Be aware of the surroundings. —Always walk on the sidewalk if available.

—Look left, right, then left again before crossing the street.

—Cross only at crosswalks

For more information visit www.safekids.org

Women, Infant & Children Program—WIC

WIC is a nutrition education and supplemental food program for Women, Infants, and Children up to the age five. The program's mission is to improve the nutritional status of mothers, infants, and children during critical stages of growth and development. WIC is part of the Warren County Health District and is a program funded by the United States Department of Agriculture.

To participate in WIC individuals must meet residence and income guidelines. Many working families qualify to receive WIC

benefits. Women, infants and children eligible for the program receive coupons which enable them to receive milk, eggs, cereal, 100% juice, whole grains, fruits and vegetables, peanut butter or beans and infant formula from participating grocery stores.

WIC also provides nutrition education, breastfeeding support (breast pumps for special circumstances), health care referrals, immunization

screening and supplemental foods.

Participants visit the WIC office every 3 months to pick up coupons for free foods from local grocery stores. WIC Program offices are located in Lebanon at 416 South East Street and in Franklin at 333 Conover Drive, Suite B.

For more information on the WIC Program please contact one of our WIC offices at 513-695-1217 or 937-746-9490.



Restaurant Inspections Available Online

Did you know Warren County restaurant inspections are available for you to view online?

The reports created from these inspections are public records and have always been available to the public by request. In 2014, our office began conducting inspections using a new computer program which makes it possible for the inspections to be viewed on our website. This allows the consumer to see inspection reports at their leisure



anywhere they have access to the internet. Only inspections since January 2014 and beyond will be available on

the website. However, all inspections from the previous five years are available at the Warren County Health

District.

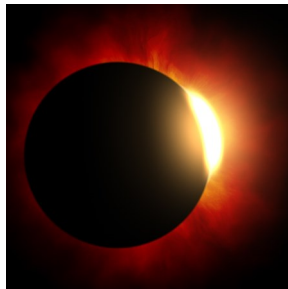
Please keep in mind that an inspection report may not be representative of the overall, long-term conditions within a facility. It is important to un-

derstand that inspection information provided shows only the conditions of the facility at the time of the inspection. It is a "snapshot" of the day and time that the inspection occurred. A single inspection report should not be used to evaluate the overall operation of an establishment. Looking at a facility's inspection results over a period of time gives a more accurate picture of that facility's commitment to compliance.

To view the inspection reports visit www.healthspace.com/warrenco

Solar Eclipse

A solar eclipse occurs when the moon blocks any part of the sun. On Monday, August 21, 2017, a solar eclipse will be visible (weather permitting) across all of North America. The whole continent will experience a partial eclipse lasting 2 to 3 hours. Halfway through the event, anyone within a roughly 70-mile-wide path from Oregon to South Carolina will experience a brief total eclipse, when the moon completely blocks the sun's bright face for up to 2 minutes 40 seconds, turning day into night and making visible the otherwise hidden solar corona — the sun's outer atmosphere — one of nature's most awesome sights. Bright stars and planets will become visible as well.



The only safe way to look directly at the uneclipsed or partially eclipsed sun is through special-purpose solar filters, such as "eclipse glasses" or hand-held solar viewers. Homemade filters or ordinary sunglasses, even

very dark ones, are not safe for looking at the sun. To date five manufacturers have certified that their eclipse glasses and handheld solar viewers meet the ISO 12312-2 international standard for such products: American Paper Optics, Baader Planetarium (AstroSolar Silver/Gold film only), Rainbow Symphony, Thousand Oaks Optical, and TSE 17.

If you are within the path of totality, remove your solar filter only when the moon completely covers the sun's bright face and it suddenly gets quite dark. Experience totality, then, as soon as the bright sun begins to reappear, replace your solar viewer to glance at the remaining partial phases.

An alternative method for safe viewing of the partially eclipsed sun is pinhole projection. For example, cross the outstretched, slightly open fingers of one hand over the outstretched, slightly open fingers of the other.

With your back to the sun, look at your hands' shadow on the ground. The little spaces between your fingers will project a grid of small images on the ground, showing the sun as a crescent during the partial phases of the eclipse.

No matter what recommended technique you use, do not stare continuously at the sun. Take breaks and give your eyes a rest!

A solar eclipse is one of nature's grandest spectacles. By following these simple rules, you can safely enjoy the view and be rewarded with memories to last a lifetime. For more information from National Aeronautics and Space Administration (NASA) visit:

<https://eclipse2017.nasa.gov/safety>

Reminder: Appointments for school immunizations can be made by calling 513-695-1468
